

The Commonwealth of Kentucky

Department of Juvenile Justice

# Matthew G. Bevin Governor, Commonwealth of Kentucky

John C. Tilley Secretary, Justice and Public Safety Cabinet

Carey D. Cockerell
Commissioner, Department of Juvenile Justice

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# Commissioner's Message

I am pleased to introduce the 2018 Annual Report for the Kentucky Department of Juvenile Justice (DJJ). This report reflects the hard work and devotion of our more than 1200 employees who care for the DJJ's youth.

Just as importantly, this report also reflects the maturity of the agency, as we reach the 22nd anniversary of the legislation that created the DJJ on December 16, 1996. The report shows that we have firmly established ourselves as a professional organization and that we are striving to move forward and achieve success in all that we do. We are making every effort to show the Commonwealth of Kentucky that we are continuously meeting the nationally-recognized standards as we go about the business of fulfilling our dual mandates of developing our troubled youth and protecting the public.

This year has been nothing short of busy and exciting! The DJJ contracted with the Center for Children's Law and Policy to complete a comprehensive assessment surrounding conditions of confinement, and we are actively working to meet the best national practices laid out by this group. As an agency, we were tasked to continue complying with the Prison Rape Elimination Act standards for juvenile facilities. We are working diligently to ensure implementation of the requirements outlined in the standards. The Department has a lot of work to do, but I am confident that if we work together, we can achieve all of our goals.

Lastly, I would be remiss if I did not mention how proud I am of this agency for the continued success for receiving multiple 100% scores on our American Correction Association audits. Our work in achieving ACA accreditation in all of our facilities, training academy, central office and community, and mental health division is a huge success. We continue to be one of the few juvenile justice systems in the nation to claim such an accomplishment.

I look forward to the continued collaboration with those who have an interest in Kentucky's juvenile justice system, and I hope this annual report shows the continued passion and commitment by our staff members every day. I am incredibly proud of the quantifiable improvements and educational successes that the Kentucky Department of Juvenile Justice team reached, and we are happy to share them with you in the following pages.

Sincerely,

Carey D. Cockerell

Commissioner – Kentucky Department of Juvenile Justice

Carey D. Cockerell

# Department Overview

The DJJ is one of the five departments under the Kentucky Justice and Public Safety Cabinet. While holding youth accountable for their actions, the DJJ is responsible for prevention programs for at-risk youth in communities all over the Commonwealth. We are a multi-faceted agency that serves the Commonwealth's youth as the juvenile corrections system for the state. The DJJ is responsible for prevention programs for at-risk youth, pre-trial detention, residential placement and treatment services, probation, community aftercare and reintegration programs, as well as the confinement of youth awaiting adult placement or court.

The DJJ strives to promote a comprehensive array of costeffective services for at-risk youth. These services are directed toward prevented delinquency, providing efficient rehabilitation services, and altering the rate of recidivism with appropriate aftercare while minimizing risk to the community. In providing services, the DJJ supports and believes in the complete involvement of both the family and the community in the rehabilitation of troubled youth.

Kentucky's DJJ is a nationally recognized program for the continuum of care it provides for rehabilitating delinquent youth. While many state's out-of-home placement options are limited to two or three large institutions, Kentucky is able to serve youth in a variety of small programs designed to meet specific treatment needs.



AVERAGE
DAILY
YOUTH
POPULATION
SERVED



JUVENILE
JUSTICE
FACILITIES
THROUGHOUT
KENTUCKY



DJJ
COMMUNITY
SERVICES
OFFICES



MEN &
WOMEN
EMPLOYED
BY THE DI

# Department Organization

Program Operations includes two regional divisions (East and West). The two regional divisions provide oversight of the daily operations of juvenile detention centers, day treatment centers, group homes, and residential facilities. The Placement Services Division also falls under Program Operations. Placement Services administers juvenile classification and placement functions, juvenile transportation services, alternative programming management and liaison service with private childcare contractors.

**Support Services** includes Program Services, Administrative Services, and Medical Services.

Program Services staff is responsible for program development, quality assurance monitoring of agency and contract facilities, staff support to the Juvenile Justice Advisory Board, classroom and vocational educational programs, and the department's policy and research efforts.

Administrative Services has responsibility for all fiscal, personnel, federal grant management, capital construction and information systems processes.

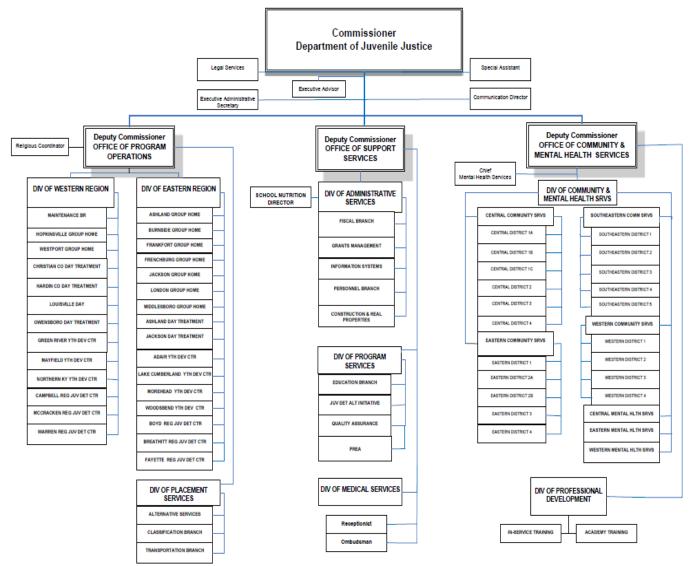
Medical Services professionals oversee the administration of medical and dental services for youth within the agency's residential programs.

The Community, Professional Development and Mental Health Services Division provide services primarily to community youth and consultations to the staff in the community, group homes, day treatment centers, and residential programs.

Mental Health branches established in the East, Central and West regions employ regional psychologists and their staff to provide assessment functions; including psychological evaluations requested by the courts; juvenile sex offender assessments and reassessments; crisis consultation (suicide evaluation, school violence assessment); drug/alcohol assessment; and mental health assessment. In addition, Mental Health Branches provide treatment functions; including juvenile sexual offender treatment, drug/alcohol counseling, mental health counseling, specialty groups (parenting, anger management), and consultation.

Community Services attend juvenile court, completes risk assessments, and is responsible for the juveniles probated and committed to the department from all 120 counties of the Commonwealth. Juvenile service workers assess each youth's needs for supervision and services and play a vital role in the decisions for out-of- home placement, supervision of the youth, and brokering for services within the community.

Professional Development is responsible for the operation of the department's pre-service training academy and all in-service training programs for DJJ staff.



July 16, 2018

# Department Facilities

# **Youth Development Centers**

The Kentucky DJJ operates seven (7) treatment oriented youth development centers in Kentucky. The YDC's are able to serve up to 40 youth. Each program has a section of the building dedicated to education. Youth attend school and all programs offer the youth educational alternatives, such as graduation or GED track, as well as vocational opportunities. Some youth are able to receive college credit through the virtual university program. Individual, group, and family counseling are provided.

- Adair YDC
- Green River YDC
- Lake Cumberland YDC
- Mayfield YDC
- Morehead YDC
- Northern Kentucky YDC
- Woodsbend YDC





**Day Treatment Programs** 

The Kentucky DJJ operates six (6) day-treatment programs. Day treatments are non-residential programs that provide education and intensive services to youth who live at home, in a foster home, or a group home and report to the program as requested. Day Treatment provides community-based services for eligible youth to prevent further involvement with the juvenile justice system, to prevent placement out of the community, and to return the youth back to the community after residential placement. Each day treatment can house 36 youth with the exception of Breathitt (24) and Louisville (60).

- Ashland DT
- Breathitt DT
- Christian County DT
- Hardin County DT
- Louisville DT
- Owensboro DT

# **Group Homes**

The Kentucky Department of Juvenile Justice operates ten (10) group homes that serve a variety of youth needs. Some group homes also function as step-down programs for youth leaving a youth development center that could benefit from a less restrictive level of care before they return home. Group homes use either day treatment or local public schools for the educational component, individual and group counseling, substance abuse treatment and community service are all elements of group home programs. A group home can house up to eight (8) youth who require a less restrictive structure than youth in development centers.

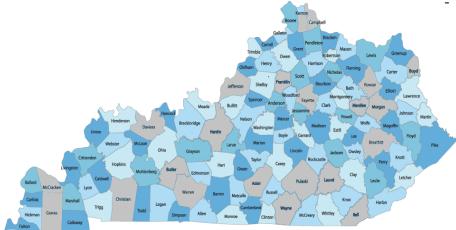
- Ashland GH
- Bowling Green GH
- Burnside GH
- Frankfort GH
- Frenchburg GH
- Hopkinsville GH
- Jackson GH
- London GH
- Middlesboro GH
- Westport GH



# **Regional Juvenile Detention Centers**

The Kentucky DJJ operates seven (7) secure Regional Juvenile Detention Centers that provide secure detention to all counties in Kentucky. The detention centers provide programs with a wide range of services including education, counseling, acute medical and mental health care, behavior management, observation and assessment, as well as continuous supervision.

- Adair RJDC
- Boyd RJDC
- Breathitt RJDC
- Campbell RJDC
- Fayette RJDC
- McCracken RJDC
- Warren RJDC



Gray areas indicate counties with a juvenile justice facility

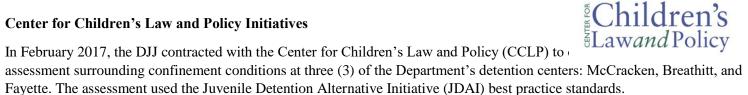


# 2017-2018 Department Achievements

# Crime and Justice Institute (CJI) Collaboration Projects

The OJJDP Smart on Juvenile Justice grant that assigned the Community Resources for Justice - Crime and Justice Institute (CJI) to provide technical assistance for the implementation of SB 200 expired in December 2017. Staff at CJI were instrumental in providing guided expertise to Kentucky in all areas of implementation. The DJJ still had some outstanding implementation hurdles as it related to tool validation, data collection, and data analysis for performance and outcome measures. As such, the DJJ entered into a contract with CJI in April 2018 for continued implementation assistance through June 2019.

# Center for Children's Law and Policy Initiatives



From February to September, CCLP staff, medical and mental health professionals, as well as education services team members assessed the facilities. The completed assessment report was submitted to the Kentucky juvenile justice team in September, and all three (3) of the detention center's leadership were charged to determine next steps.

Per instruction of leadership staff, a three-tier system was to oversee successful implementation of the recommendations made by the CCLP staff. Through this came the Executive Steering Committee, the Multidisciplinary Strategic Improvement Project Committee, and additional sub-committees who will assist in charting paths for project initiatives and assist in ensuring progress is being made.

## Risk and Criminogenic Needs Assessment, Inter-rater reliability, and Validation

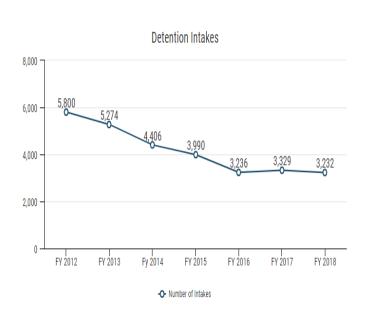
Kentucky began conducting a risk and needs assessment on every youth adjudicated on a public offense. The Risk and Criminogenic Needs Assessment (RCNA) is a tool created to meet the requirements of this legislation. Consistent with the legislation that introduced it, the assessment will require validation. As such, Kentucky began an inter-rater agreement process to ensure that there was consistent scoring on the tool across all users. There were scenarios completed by the staff monthly until we reached the required scoring consistency of 80 percent. After four months, Kentucky reached the goal of over 80 percent agreement on both total score and recommendation. The DJJ has been continually collecting data to be utilized toward validation. Spring of 2018, the DJJ met the needed sample size for validation of where the RCNA had been administered. The DJJ has met with Eastern Kentucky University to conduct the validation study by December 2018.

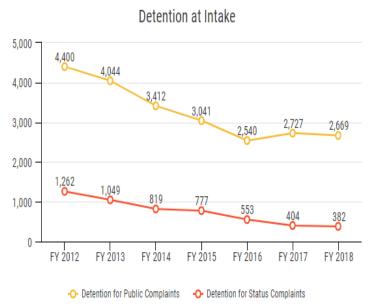
## Implementation of Aggression Replacement Training in DJJ programs

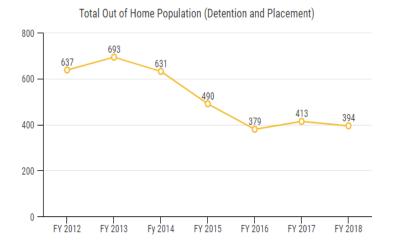
ART is a co-facilitated, group-based, cognitive behavioral therapy that concentrates on the development of individual skills to address various emotional and social aspects that contribute to aggressive behavior in youth. Comprised of three (3) components: Social Skills Training, Anger Control, and Moral Reasoning. CJI worked to pull together a multi-state training event with KY, GA, and WV that was held in Georgia in. Dr. Barry Glick is the trainer. To date, Kentucky has 4 certified ART group facilitators (2 teams). ART was piloted at a YDC and Day Treatment program. One (1) staff was identified to return to complete the ART TOT certification in August 2018, which will allow DJJ to train additional staff for ART implementation. Further, in August 2018, 4 additional staff (2 teams) from DJJ YDCs attended ART training in Georgia. DJJ will fully implement ART in three (3) YDC programs in the Fall of 2018. Four DJJ staff have been certified as ART model fidelity monitors.

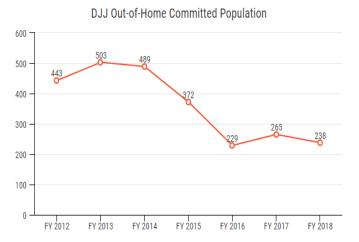
### KENTUCKY'S JUVENILE JUSTICE SYSTEM IS WORKING

The goal of Kentucky's juvenile justice system is to continue reducing unnecessary out-of-home placements while still mitigating the risk of future offenses and ensuring public safety. Since 2015, the DJJ has seen 25% fewer detention intakes, and the staff members are continuing efforts to keep low-level offenders is the least restrictive setting possible.









# Support Services

#### **Education Branch:**



7 Youth Development Centers currently offering vocational courses for youth



7 Vocations offered for students to receive certifications in



17 Vocational instructors helping to prepare DJJ youth for re-entry



400+ Certifications earned by youth in vocational programs

All of the Youth Development Center (YDC) and Louisville Day students were registered with the Kentucky Department of Labor in the Apprenticeship programs during 2018 as students move into more programs the registrations will continue. Additionally, DJJ through the work of the DJJ Education Branch has students in the Apprenticeship Program. Lake Cumberland has been without a Rehabilitation Instructor since April and Louisville Day a portion of that time; therefore, there are an abbreviated number of students enrolled in vocational classes at these two locations. New rehabilitation instructors are to in the process of being hired within the next quarter for these two locations. We anticipate more youth in classes on a continuous basis. The Labor Cabinet and the Vocational Education Branch Program Administrator train new Rehabilitation Instructors: in accordance to, how to register their youth in the Apprenticeship Program.

All YDC's offer Copper/Fiber as of August 2018 the last program agreed to teach C-Tech courses in 2018. Several programs offer additional courses in Communications, Audio and Video, Telecom, IT and Energy Management. The Education Branch added carpentry and welding as two technical offerings at Louisville Day. We are currently in the process of hiring a third teacher for an IT position. This makes a total of five (5) offerings for students in Jefferson County. Two (2) new programs, IT and carpentry, are being offered as vocational offerings at Northern Youth Development Center. One teacher has completed the mandatory Kentucky Teacher Intern Program (KTIP) and is working toward his master's degree. The other is in the entry and orientation phase of being on site.



CEEAS provides the opportunity for our students to be involved in national competitions within this network of states; i.e. Words Unlocked. The DJJ Education Branch continues a strong relationship with the Center for Educational Excellence (CEEAS). Within this relationship, we establish online networks that support Partners and promotes peer-to-peer sharing and collaboration. Remote support and technical assistance is provided to partners focused around innovative and technology-driven solutions to the challenges of educating youth in secure care facilities.







Over the past 11 years, the Greyhound Pets of America Project has been in existence at Morehead YDC. Through this unique partnership, the DJJ has entered into a special partnership to promote responsibility and provide opportunities for career development of at-risk youth within Morehead Youth Development Center (MYDC). This program provides transitional care and basic obedience training for newly retired racing Greyhounds, en route to their "forever home". There was a story entitled "Girls at juvenile detention center prepare rescued greyhounds for the real world", which was an extensive story by Katya Cengel in the Louisville Courier-Journal about the MYDC Greyhound Foster Program

Primary and secondary teenage handlers are assigned to each class of three to four dogs during a 12-week curriculum as the dogs make the transition from professional careers as racing athletes to living in a family home as well as giving them basic training (down, sit, lay down, stay, etc.).

The primary purpose of this program is to provide vocational skills to youth at DJJ facilities. The young people involved are learning animal training and handling skills, which will enhance their educational/vocational opportunities and can translate into future careers in veterinary medicine, animal training, pet hospitality and other animal related opportunities.

After 12 weeks at MYDC, the dogs are adopted into their Forever Homes and their new owners will have the benefit of dogs who have mastered stairs, learned home life skills and been taught basic obedience.

The cost of this program is the sole responsibility of Greyhound Pets of America/Louisville, and is possible only through grants and donations. Neither the Commonwealth of Kentucky nor the DJJ are covering any of the cost of spaying/neutering, vetting, housing or feeding these dogs.

Another positive point to note is that the Greyhound program has been extended to Louisville Day High School and Westport Group home, also in Louisville. The Department is thrilled to have the program expanding to other facilities and to be able to provide positive programs to youth in the Commonwealth.

In 2018, the DJJ held its annual Transition Summit. Speakers for 2018 included Troy Kemp, Executive Director for the National center for the Development of Boys, Missy Jenkins an author, speaker, and counselor who was one of the eight students shot during the Heath High School shooting in 1997. Also speaking was Karen McCuiston from the Center for School Safety who presented on prepared for a disaster and hoping it never happens. There were sessions about Youth Mental Health First Aid, Study of the Adolescent Brain, and Title I Compliance. Monitoring reports for all areas of monitoring within the DJJ Education Branch were reviewed. The Transition Consultants presented the project they completed to culminate their two years of work with the DJJ entitled "Individual Student Transition Process: A Systemic Consistent Documentation Format". In addition, updates and celebrations of Student Achievements were recognized. 4.0 CEEAS Unjammed teams presented the use of new skills within programs.







The Juvenile Detention Alternatives Initiative Program (JDAI) is a national program of the Baltimore, Maryland-based Annie E. Casey Foundation, a private charitable organization dedicated on developing solutions to build a brighter future for children, families and communities. As such, their grant-making strategies are focused on policies and practices that improve the outcomes of kids, families, communities and reform-minded leaders. JDAI, in moving Kentucky to state scale, began implementation in Hardin and Kenton counties by completing a site assessment and a quantitative analysis, or "Detention Utilization Study" (DUS). These reports paint a more complete picture of how the system currently operates and serve as the foundation for implementing reforms consistent with the eight core strategies of JDAI. Stakeholders in Hardin County were then convened to debrief the written observations and recommendations in each report. Kenton County will be holding their debriefing of these reports September 2018. The system assessment and DUS are used in the JDAI site to lay the groundwork for reform planning. A deliberative and functioning site governance structure was established in the site area. As informed by the assessment, the site has formed topical work groups and developed a site work plan with measurable outcomes. An essential step in these efforts is the capacity to identify, analyze decision points, and how current policies/practices might contribute to disparities. Participants received information on methodologies and practical advice on how to identify and analyze cross cutting policies and practices, which contribute to disparities.



#### **Quality Assurance Branch:**

The overall objective of the Quality Assurance Branch (QA) is to monitor the services, program activities and operations within the agency to insure adherence to American Correctional Association (ACA) standards and the agency's internal policies and procedures. The Quality Assurance Branch conducts annual monitoring for all residential facilities, community programs, the training branch, and Central Office for standards and expectations. The role of QA is to ensure the DJJ's mission, vision, and services are conducted with practices to ensure that the continuum of care the department provides for the youth, families, and communities it serves.

The Kentucky Department of Juvenile Justice is one of few across the nation to be fully accredited by the American Correctional Association. QA serves as a valuable resource in maintaining accreditation through training, technical assistance, annual monitoring, and audit support services across the department. QA serves as the Department's Representative at ACA panel hearings that occur twice each year for accreditation of the departments programs; in addition, the Quality Assurance Branch assists in the development and monitoring of Department policy and procedures.

For the 2018 year, QA has completed an annual monitoring of all programs, along with successfully completing the reaccreditation process of the ACA audits for the following programs:

Department of Juvenile	ACA Compliance Score:
Justice Central Office	100%
Department of Juvenile	ACA Compliance Score:
Justice Community Offices	100%
Department of Juvenile	ACA Compliance Score:
Justice Training Academy	100%
Adair Youth Development	ACA Compliance Score:
Center	100%
Mayfield Youth	ACA Compliance Score:
Development Center	100%
Morehead Youth	ACA Compliance Score:
Development Center	99.86%
Northern KY Youth	ACA Compliance Score:
Development Center	99.7%
Woodsbend Youth	ACA Compliance Score:
Development Center	100%
Ashland Group Home	ACA Compliance Score:
_	100%
Bowling Green Group	ACA Compliance Score:
Home	100%
Burnside Group Home	ACA Compliance Score:
_	100%
London Group Home	ACA Compliance Score:
•	100%
Hopkinsville Group Home	ACA Compliance Score:
	100%
Owensboro Day Treatment	ACA Compliance Score:
	100%
-	•

# Administrative Services

#### **Information Services**

Priority was given to updating the Juvenile Offender Resource Information (JORI) system framework. This is the case management system utilized to track youth probated, committed, and confined to the department. Though this update was time consuming, the completion of it will ensure more seamless upgrades in the future. Information Services continued the process of incorporating changes required by SB 200 into the JORI system. These changes began in fiscal year 2015 and will allow the department to be able to aggregate and extrapolate data to report out on the performance measures required by SB 200. At the conclusion of fiscal year 2017, the case plan and treatment plan screens are in the process of being finalized.

### **Capital Construction and Real Properties**

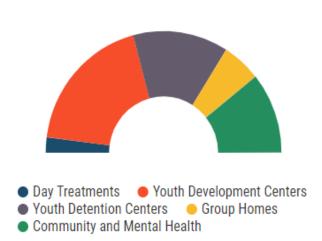
The DJJ spent \$1,041,040.25 on capital expenditures. Expenditures were for physical plant repairs or improvements in the areas of:

- Architectural and engineering fees associated with repairs and renovations
- Security systems repairs and replacements
- HVAC system repairs and replacement, chiller repairs, boiler repairs and replacements
- New roofs and roof repairs
- Paving, sealing and striping of parking lots
- Plumbing and sewer system repairs
- Completion of reconstruction of Woodsbend Youth Development Center due to a tornado
- Renovations to Lincoln Village Training Center and cottages

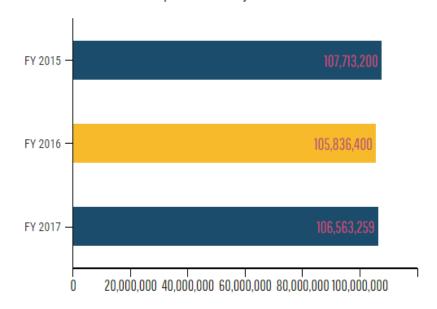


#### **Fiscal Branch:**

FY 17 Expenditures by Facility Type



# DJJ Expenditures by Fiscal Year



#### **Fiscal Incentive Fund**

The DJJ transferred \$1 million to the Fiscal Incentive Fund in June 2017. KRS 15A.062 requires the Justice and Public Safety Cabinet to establish the Fiscal Incentive Program designed to support local efforts to enhance public safety and reduce juvenile justice system costs. It is the intent of the Commonwealth to maintain public safety and achieve savings using evidence-based treatment programs and practices at the local level and to reinvest a portion of the savings achieved into community-based programs and services. The Administrative Office of the Courts (AOC) shall act as the fiscal agent to receive funds awarded to a judicial district, provide technical assistance to the judicial districts in developing and writing its grant application, and collect and report data the judicial districts are required to report under the fiscal incentive program. The Justice and Public Safety Cabinet (JPSC) shall establish the incentive grant application and award process.

The JPSC, DJJ, and AOC worked collaboratively to complete a competitive grant opportunity for \$900,000.00 to be awarded consistent with KRS 15A.062 (3)(a). The maximum award amount to any individual judicial district or group of districts was \$200,000.00 with a minimum award amount of \$10,000.00. The grant application period was from 10/20/17 to 11/17/17. Following the closing of the grant, a review committee of five was comprised of professionals from the University of Kentucky, Department of Behavioral Health, Development and Intellectual Disabilities (KDBHDID), DJJ, and JPSC. Seven programs received the grant awards in December 2017.

# Division of Community and Mental Health

## **Electronic Monitoring**

A probated, committed, or sentenced youth may be subject to electronic monitoring. Electronic monitoring is a supervision method that provides information about the youth's presence at, or absence from, his or her residence, or other assigned location. The Division now has five (5) different monitoring tools that can be used to help increase accountability and promote more effective case management. Electronic monitoring may include ankle monitors, passive or active Global Positioning Systems (GPS), and voice verification equipment. We have also begun training for our newest monitoring tool that allows caseworkers to track assigned conditions via smartphone or tablet. This app uses biometrics and GPS technology to verify a participant's identity, determine their location, and quickly collect status change information. The Electronic Monitoring Steering Committee includes representatives from all community regions and Detention Alternatives Coordinators to help train and educate their regions on all products, and meet the specific supervision needs of caseworkers and their assigned juveniles. With the help of the committee, the increased efficiency and cost savings realized has led to special recognition by the Governor's Employee Suggestion System.

## **Drug Screening and Laboratory Confirmations**

All probated, committed, and sentenced youth may be subject to drug screenings and confirmation testing as a means to protect the community, assure personal accountability, and assist in developing appropriate services and treatment planning for youth. We also can obtain screening devices and lab services for specialized drugs and many "designer drugs" that are prevalent in our communities. Also, we have also added, at no additional cost, the ability to screen for up to eleven (11) different substances after the specimen is sent to the provider's confirmation lab. These include Alcohol, Amphetamines, Barbiturates, Benzodiazepines, Buprenorphine, Cocaine, Methadone, Opiates, Oxycodone, Noroxycodone, and THC (Marijuana).



#### **State Resource Guide**

This Division is working with the United Way of the Bluegrass, University of Kentucky, Regional Interagency Councils (RIAC's), and others to make available comprehensive, statewide resources to more youth and their families. The University of Kentucky School of Social Work Training Program, as well as other local and national agencies, have created online resource guides that include assistance for basic needs, financial assistance,

employment, mental health, addictions, health care, and other needed resources. The Division and all districts are sharing their updated and new resource information across the state. One example is the development of the United Way 2-1-1 Program. This program is unique as it offers those in need, access to community services by phone call, mobile application, website, and even texting. The program continues to expand as more communities continue to partner in this effort.

# Professional Development

## **Mandatory Professional Trainings**

The DJJ is required to provide the following mandated curriculum for various classifications of staff.

- 1. Seven Challenges for Youth Workers
- 2. Motivational Interviewing for Youth Workers
- 3. Domestic Violence for all staff
- 4. Human Trafficking for all staff (online)
- 5. Human Trafficking Screener Tool (online assigned staff)
- 6. Impact of Juvenile Justice and Alternatives to Incarceration (online)
- 7. Assessment Tools, Graduated Sanction, Treatment Planning and Family Engagement (Supervisors, YSPS's, Counselors and Treatment Directors)
- 8. Assessment Tools, Graduated Sanctions and Family Engagement (online residential)
- 9. Assessment Tools, Graduated Sanctions and Case Planning (JSDS's JSW's JSS's).
- 10. Trauma-Informed Care (online)
- 11. Community Case Planning
- 12. Residential Treatment Planning
- 13. Principles of Effective Intervention (PEI)
- 14. Practice Wise
- 15. Criminogenic Needs Questionnaire (Needs-Q)





# **Mandated/Certified Trainings**

The Training Branch provided certified trainings for the following courses:

- 1. CPR/First Aid
- 2. Aikido Control Technique
- 3. Group Counseling Certification
- 4. PREA (Prison Rape Elimination Act)
- 5. Drug Testing
- 6. Gain Q Assessment
- 7. Treatment Planning
- 8. Field Training Instructors Program
- 9. Cannabis Youth Treatment
- 10. Youth Mental Health First Aid



# **Completed Academies**

- 1. Academy 94, January 21thru February 23, 2018, with 33 graduates
- 2. Academy 95, March 05, thru April 20, 2018, with 36 graduates
- 3. Academy 96, May 01, thru June 15, 2018, with 31 graduates
- 4. Academy 97, July 01 thru August 17, 2018, with 22 graduates

## **Specialized Trainings**

The following specialized training was developed and delivered to assigned staff throughout the state:

- 1. Supervision (All Supervisors)
- 2. Group Facilitation (All Youth Workers)
- 3. Gangs and Safety Training (All Staff)
- 4. Enhanced Awareness Training
- 5. Juvenile Sex Offender Training
- 6. Defensive Driving
- 7. Life Guard Certification
- 8. Field Training Instructors training

#### **Seminars**

The Training Branch facilitated various seminars for staff assigned to the following specialized areas. These seminars provided staff the training hours required by DJJ policy.

- 1. Nurse seminar
- 2. Administrative seminar
- 3. Maintenance
- 4. Food service

# Program Operations: Division of Placement Services

#### **Classification Branch:**

The Classification Branch has developed an existing DJJ space into an archive location and has developed a process by which to archive files internally for the entire agency which results in a cost savings of several thousand dollars annually. Additionally, web based training has been developed for this area. The Virtual Records project continues to make progress. Referrals for out of home placement are completed electronically as well as information shared by Classification to the facilities.

## **JJ Trials:**

This is a five-year study that is grant supported and sponsored by NIDA (National Institute on Drug Abuse). University of Kentucky reached out to DJJ to participate in this study. The 5 years are divided into phases: Design, Implementation and Reporting. The Implementation phase will be staggered and will encompass 3 years with a year designated to set up the design and a year to write the results of the study. The goal of JJ-TRIALS is to identify and test strategies for improving the delivery of evidence-based substance abuse and HIV prevention and treatment services for justice-involved youth. The study seeks to reduce unmet substance use needs of youth by assisting juvenile justice agencies in their efforts to implement best practices and improve services along the behavioral health cascade. The "intervention" proposed in the current study targets juvenile justice agencies and the behavioral health partners to which juveniles are referred and compare the effectiveness of two implementation interventions on reducing unmet needs across the service cascade. We are in the last year of the project, several papers will be published outlining the results of the research. One such paper was written by the Juvenile Justice Partners and will include input from three KY DJJ staff members

# Program Operations: East Facility Updates

## **EAST REGION:**

#### Adair YDC / RJDC:

Adair has increased communication with all departments, by having weekly communication meetings. Adair was able to decrease isolation placements by offering positive incentives. Adair began training staff in de-escalation, and they continue to do so. Additional vocational classes and apprenticeship programs are being offered to help the youth have experience and the tools to be a productive citizen. Adair population is the most difficult youth in the state with very aggressive youth; and the staff here continue to de-escalate and attempt every avenue before restraining a youth or placing the youth behind a close door

#### **Ashland DT:**

We had 10 students earn their high school diploma. We had 80 students enrolled during the year. Of the 42 students that were discharged from the program, 31 completed it. Through our community resource network, we were able to get free haircuts for 33 students, obtained needed clothing for 70 plus of the students, several multiple times, obtained coats for 10 students, new shoes for 50 students and hygiene products for over 50 students, several of them received it multiple times. Overall, our attendance rate went up this school year due to the student's morale being boosted by sincere and attentive staff who really care about the students and the students really feel they belong and are accepted here.

#### **Ashland GH:**

Ten (10) youth successfully completed the program with two of these youth transitioning to Project Life Independent Living and two (2) youth transitioning to Job Corps. Four (4) youth earned their High School Diplomas during the year. One (1) youth successfully completed two online college courses through KCTCS. Four youth earned off-campus employment and held jobs in the community. Youth and staff participated in over 1500 man-hours of community service projects, which included the River Cities Harvest Food Bank, Ashland Community Kitchen, Cave Run Fish Habitat Project, etc. We continue to participate in our recycling program, which also includes our pallet projects that encompasses repurposing used shipping pallets to build craft projects to raise money for the Youth Activity Fund.

#### **Boyd RJDC:**

During this past year, we were able to help three (3) students earn their high school diplomas. We have also continued our efforts with the Boyd County Extension Office and have hatched chicken eggs for the 10<sup>th</sup> consecutive spring. This continues to prove to be an exciting time for our youth, and a project they can take ownership and show they have the ability to be caring and responsible. We are currently in the works with collaborating with the Ashland Group Home in helping one our local nursing homes.



### **Burnside GH:**

Burnside Group Home youth participated in several community projects including, Summernites Cruz Cleanup, Lake Cumberland Head Start restoration project, 1,000 Bicycle giveaway, water park outings, positive weekly reward system for youth, PRIDE cleanup, and continuing to establish a positive relationship with Pulaski Day Treatment Eagle Academy with PBIS collaboration efforts.

## **Fayette RJDC:**

Fayette processed approximately 700 residents into and out of the program. Additionally, Fayette RJDC began a new program called Alpha Ministries with staff from the Lexington-Metro Police Department. The staff began coming in weekly to do a bible study with one of our groups of residents. Twelve residents completed an Emmaus Walk with volunteers from the community. The Superintendent along with a team of the DJJ staff attended and completed a "Youth in Custody" class at Georgetown University in Washington, DC. They had three (3) residents complete their credits and graduate from high school. The diplomas were awarded by their home schools and a ceremony was held at the Fayette RJDC.



#### Frankfort GH:

Youth helped served food at the Men's Shelter/Soup Kitchen here in Frankfort numerous times over the past year. They have done trash pickup through the Adopt-a-Highway project several times. The youth have also had tremendous success educationally. They have received high school diplomas and/or acquired a significant amount of credits while in our care. Staff/Youth relationships have been good overall this past year, with very low number of restraints, grievances and or hotline calls.

## Frenchburg GH:

Youth participated in helping out a local farmer to earn money for their personal income. Staff and residents work hard stockpiling wood for resale to local sport shops for the youth activity fund. The Youth are successful maintaining approximately \$3500 in their activity fund. Residents and staff are also active in helping out at the local animal shelter, visiting and spending time baking cookies for the local Edgewood Nursing home. Youth have also annually donated approximately \$350 to the American Cancer Society; they also participate in the Adopt a Highway Project and County Pride Cleanup Project.

#### **Lake Cumberland YDC:**

Lake Cumberland continued to participate in a wide range of community services, increasing their activity fund, including: Cleaning up roadside trash throughout the county, delivering wood, small group winners for Lake Cumberland Clean-up and participated in Foothills Festival, ensuring that all areas maintained cleanliness. Youth also assembled 1,000 bicycles for the "Keeping it Moving" Steve Ping Foundation and all bicycles were given away to pre-selected kids in the surrounding counties that were less fortunate. Additionally, several youth received High School Diplomas, State Certifications in Welding and Certifications in Carpentry/Network Cabling. Lake Cumberland YDC has increased the incentive program, allowing staff more tools to help guide and direct youth towards positive outcomes, which also helps with retaining staff.

#### **London GH:**

Youth participated in the annual Laurel Lake Clean-up and London City Clean-up thru the PRIDE program. The youth went on several educational outings and tours to the University of Kentucky, Eastern Kentucky University, Toyota Factory, Camp Wildcat Mountain, Ale 8 Factory, and PHI Air Medical. One youth earned his diploma from North Laurel High school and enrolled in Frenchburg Job Crops after exiting the program.

#### Middlesboro GH:

Middlesboro began working with BRU youth and saw great success in working with revocated youth, focusing on relapse prevention and community success, the program only had two (2) BRU fail. Treatment expectations have increased for regular track youth, focusing more on internalization of treatment and demonstrating skills learned while in the facility. Youth have increased involvement in the community as demonstrated by playing basketball in youth church league, the addition of three mowing jobs and learning independent living skills by growing vegetables needed for salsa sales. Youth have visited the Toyota Plant, Salato Wildlife Refuge, Lake Cumberland Fish Hatchery, the Coca-Cola Plant and Smithfield Plant.

#### **Morehead YDC:**

Morehead had 19 youth that completed furloughs and 12 youth that completed day releases. All of these were successful in reintegrating the youth back into their come communities. Morehead YDC continued its partnership with Greyhound Pets of America and we received three sets of greyhounds this past year, which makes 78 greyhounds that have come through our fostering program. Morehead graduated 7 youth this year with their high school diplomas. The youth participated in several off campus activities that included trips to the Capitol, Evans Orchard, KET in Lexington, and camping at Carter Caves State Resort Park.



#### **Woodsbend YDC:**

Woodsbend has continued to enhance educational opportunities for our youth. Five (5) residents earned their high school diplomas through the Morgan County Board of Education. Two residents with their diplomas begin college via online classes. Youth were awarded over 50 vocational certificates in OSHA, NCCER, and BAM. They continue to improve on treatment strategies, especially de-escalation techniques. Youth remain involved in community projects such as PRIDE, Market in the Park, and our local Sorghum Festival.





# Program Operations: West Facility Updates

## **WEST REGION:**



**Bowling Green GH** –During this reporting period, the facility continued to be a specialized program with the mission of Independent Living. The program focused on family and community worker participation in the treatment of the youth assigned there. Bowling Green prides itself on the number of youth allowed to work public jobs, go on furloughs and attend local college classes. Youth in need of drug/alcohol counseling received services on-campus with the majority of treatment implemented and coordinated throughout individual and group counseling. The program unfortunately was slated for closure at the close of business 7/31/18. The agency transferred youth to appropriate programs.

Campbell RJDC – The detention center had several activities for the youth during the year. The Newport Aquarium brought penguins in March for the youth to interact with and learn about. In addition to the Newport visit, staff held an Easter egg hunt in early April, a Fear Factor event on 4/5/18, Minute to Win It on 4/6/18. For life skills lessons, the youth planted vegetables and got to watch as they grew each month. Finally, the partnership with The Kenton County Library continued and they come in weekly providing new reading materials for the youth.

Christian County DT – During this reporting period, the program had 39 admissions and 31 discharges. The average daily population was 16 - 19. Christian County received students from the following resources: Christian County Schools, Christian County Juvenile Drug court, Hopkinsville Group Home, the Department of Community Based Services and the Department of Juvenile Justice Community Services branch. Youth contribution to the community is twofold. The program allows the public school system an avenue for students who are beyond their ability to control, thus creating a better educational environment in the public school system and secondly, they provide an educational opportunity for those who have fallen behind and struggle with behavior related issues.

**Green River YDC** – Within the last fiscal year, Animal Tales visited the program twice. The facility held a Christmas party for the youth along with several youths graduating with their high school diplomas. Also, within this reporting period, the youth also got to participate in an Easter egg hunt this past Spring.

Louisville DT – Raul Cunningham, guest speaker, visited the program and spoke with students about Civil Rights and marching with Dr. Martin Luther King. The program implemented the Positive Behavior Intervention Support model of teaching students how to cope with negative situations in a positive manner. From this model, the Louisville Day Dollars program began. Any student caught or seen by anyone in the facility doing random acts of kindness or things not required of them on a daily basis, earns dollars. Six (6) students graduated with their high school diploma and another his GED during this reporting period. In the upcoming school year, they are eager to add to the program a Welding class, Internet Technology and the Greyhound Dogs program.

#### McCracken RJDC

McCracken was chosen as a Program of Distinction for the third year in a row. On 4/13/18, a team of three representatives from the Kentucky Department of Education sat in on classes, interviewed the teachers and residents, and got a feel for the way things run in the program. To our knowledge, McCracken is the only detention center to receive this award for three consecutive years. During this reporting period, the facility began holding high school graduation ceremonies for the residents. "Pomp and Circumstance" played while the residents walked into the ceremony wearing their robes and hats.

## **Mayfield YDC:**

There were several changes in the leadership of the program due to the promotion of the facilities Superintendent, Bryan Bacon, to the Facilities Regional Administrator position. Larry Jackson become the new Superintendent. Staff worked hard to ensure a smooth transition in leadership for youth. There is now a new Treatment Director, and quality of treatment programming has improved with improvements in conducting group and individual sessions along with improvements in the privilege system. Staff continue to work to decrease isolations in the facility.





## **Northern KY YDC**

Northern KY YDC continued to strive to serve the diverse population of Youthful offenders, Public Offenders and Sex Offenders. Seventeen interns from the Psychology department at Northern KY University came through NKYDC. Since the introduction of the intern program, four former interns gained employment at the facility. The youth toured the University, resulting in two youth enrolling in classes. NKU's basketball team held a clinic for the youth this year. The vocational programs grew to four with the addition of a carpentry program. The IT vocational program now offers eight certifications for the youth. Over the last year, the youth have earned close to 100 certifications with each youth earning multiple certifications. The Treatment Director now volunteers to facilitate yoga classes for the youth. The relationship with Kenton County schools has improved drastically. Northern KY YDC added the "College Now" program for the high school graduates. The youth can complete classes and use the credits if they continue in college.

**Owensboro DT** –The program has had a successful Title I monitoring. The youth in the program served lunch to the homeless at the shelter and made Christmas cards for local nursing homes during Christmas. Some of the youth visited a local university and attended a career fair at a local high school during this reporting period.

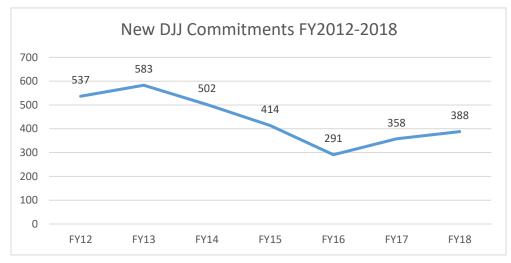
#### Warren RJDC

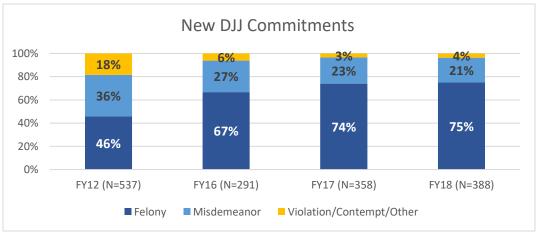
The detention center began transitioning to a more lenient, structured and treatment oriented environment on 4/1/18. The on-gong transition is a success. Restraints at the program drastically decreased by over 90% as of July 2018. The facility has gained a much more diverse population of staff with two fluent Spanish speaking youth workers. During this reporting period, WRJDC admitted 517 youth and released 513 youth. Forty-four of these youth were committed. The facility adjusted to a new Superintendent and Assistant Superintendent.

## **Westport GH**

The group home continues to service young men between the ages of 13 to 19 years of age. WPGH is a therapeutic program that offers residents the opportunity to learn many independent living skills that will benefit them once they transition back to their communities. The youth participated in several community service projects during the year such as assisting the Boy Scouts of America with several projects, Kosairs Children's Hospital "Wings for Kids" program and the Ronald McDonald house. Two youth obtained outside employment during this reporting period. Four youth completed the Riding for Hope equine program in Lexington.

#### **Overall Commitments:**







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